

Erwin Parks and Recreation  
6u and 8u Co-Ed Basketball Rules 2008-2009

**All rules will be governed by the NFHS Rule Book with the following exceptions:**

1. Ball Size – Junior (27.5”)
2. Rim Height
  - a. 6u Co-Ed: 6.5 ft
  - b. 8u Co-Ed: 8 ft
3. Game Play
  - a. No Free Throws. All fouls will be possession out of bounds.
  - b. 6u Co-Ed:
    - i. Start Game – Home Team possession out of bounds at half court.
    - ii. Use goal on same side as bench for the entire game
    - iii. No backcourt violation
4. Clock
  - a. Eight 4-minute Periods
  - b. Running Clock
  - c. 1 minute between periods
  - d. 1 Time Out per half (1 minute each)
  - e. Halftime will be 4 minutes
  - f. NO SCORE
5. Mandatory Playing Time
  - a. Play 3 periods
  - b. Sit Out 2 periods
  - c. Violation of Playing Rule: Player(s) must start and make up missed playing time at the next game (except for injury).
    - i. First Offense – Verbal warning
    - ii. Second Offense – Written warning
    - iii. Third Offense – Coach suspended 1 game
6. Substitutions must take place between periods. Do not have to substitute everyone.
7. Lane Violation
  - a. 6u Co-Ed: none
  - b. 8u Co-Ed: 5 seconds
8. Defense
  - a. 6u Co-Ed:
    - i. Man-to-Man within the 3-pt arc. Players must guard opposing player with matching colored wrist band. Penalty: possession out of bounds.
    - ii. No double teams, but may help out under goal. Penalty: possession out of bounds.
  - b. 8u Co-Ed:
    - i. Man-to-Man behind the volleyball attack line. Penalty for “backcourt” defense: possession out of bounds. Penalty for playing zone defense: 1<sup>st</sup> offense – warning, 2<sup>nd</sup> offense – coach ejected.
    - ii. No double teams, except when 2 players converge on a ball-handler unabated to the goal. Penalty: possession out of bounds.
9. Ejections are a minimum 2 games suspension.