



Erwin Parks and Recreation

Providing our community with youth and adult recreation programming!

START SMART BASEBALL

Start Smart Baseball teaches children (ages 3-5) the basic motor skills necessary to play organized baseball and softball in a FUN, non-threatening environment while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents skills in throwing, catching, batting, and running/agility without the threat of competition or the fear of getting hurt by using age appropriate equipment.

Held once a week for 6 weeks for about an hour, and the exercises become increasingly more difficult each week as the class progresses and the children show improvement. Kids are able to learn at their own pace.

Benefits of Participation:

- * Builds confidence and self-esteem in children
- * Fun and positive early experience in sports
- * Helps prepare kids for future sports participation
- * Helps prepare kids and parents for specific sports
- * Quality time together for parent and child
- * Helps parents learn how to support and teach their child

EPR PROVIDES:

- Lead Instructor
- All equipment
 - ◊ Participant Manuals
 - ◊ Batting Tees
 - ◊ Bat and Ball Sets
 - ◊ Baseball Gloves (may use own)
 - ◊ Koosh Balls
- Certificate of Participation

PARENTS PROVIDE:

- Complete Registration
 - ◊ Registration Form (signed)
 - ◊ Payment
 - ◊ Birth Certificate on file with EPR
- Attend Parent Meeting (see schedule below)
- Water Bottle/Sports Drink
- Transportation to all activities
- One-on-one instruction with own child

IMPORTANT DATES

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>ACTIVITY</u>	<u>LOCATION</u>
TUE	MAR 30	6:15 PM	PARENTS MEETING	Erwin Comm. Center
TUE	APR 20	6:00 PM	Week 1	Erwin Park
TUE	APR 27	6:00 PM	Week 2	Erwin Park
TUE	MAY 4	6:00 PM	Week 3	Erwin Park
TUE	MAY 11	6:00 PM	Week 4	Erwin Park
TUE	MAY 18	6:00 PM	Week 5	Erwin Park
TUE	MAY 25	6:00 PM	Week 6	Erwin Park
TUE	JUNE 1	6:00 PM	SCRIMMAGE GAME	Erwin Park

Questions? Contact ALLAN AUTRY or JEFF HARMON at the Park Office, 910-897-5840

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