

Erwin Wilderness Challenge/Triathlon

Team Triathlon Participant

June 2nd- Erwin, NC

Join us on June 2nd for our 7th Annual Wilderness Challenge/Triathlon! This course will run through the countryside, down the Cape Fear River and into Downtown Erwin. All proceeds are used to support our local our local military men & women in the United States Air Force stationed at Pope Army Airfield.

Course: The competition begins with a 10 mile bicycle ride through the countryside to a Wildlife Landing on the Cape Fear River. Here you will begin the 8 mile Kayaking trip down the Cape Fear River to the Cape Fear River Park in Erwin. The competition will finish up the triathlon with a 3.1 mile run along the extension portion of the Dunn-Erwin Rail Trail & will end in Downtown Erwin. A map of the course can be accessed at www.erwin-nc.org.

Event: Triathlon: 10 mile cycling, 8 mile kayaking and 3.1 mile run - Team Competition

Awards: First, Second & Third place team participants.

Registration: Registration and payment: www.RunTheEast.com. Pre-registration deadline is May 18th. Registration begins at 7:00 am at Erwin Business Complex, 200 North 13th Street, Erwin, NC where participants will sign in and pick up race numbers. Kayaks should be dropped off at NC Wildlife Boating Access Area, 640 Wildlife Road, Lillington, NC prior to the start of the race. Bikes and kayaks will be transported back to the finish line area where they can be retrieved after the race.

NO REFUNDS! Race begins at 8:00 am.

Entry fees: \$20 registration for Team Competition in the Triathlon (3 participants/team = \$60 total) Each participant must fill out and Sign an application and waiver form. If registering online total team payment of \$60 is due.

Scoring: Scoring based on overall event time of the team. **Team members are responsible for passing the timing device to their teammate at each phase of the triathlon.** "All participants must complete the bike and kayak portion of the event within 2:30 of their start. Any participants who arrive to the 2nd transition point after this will not be listed in race results."

More Information: Contact: Sharon Stevens - Sharon@dunntourism.org 910-892-3282 office 910-985-0354 cell

Patsy Carson – erwinmayor1@gmail.com 910-891-6981

Dottie Womack – womackdottie@gmail.com 910-514-8003

Payment should be sent to: Erwin Wilderness Challenge, PO Box 218, Erwin, NC 28339 (if not doing online)

First Name:	MI:	Last Name:	Birthdate:	Gender:	Age:
			/ /	M or F	
Mailing Address:			City:	State:	Zip:
T-Shirt Size (S,M, L, XL, XXL)		Email Address and Phone Number			
Triathlon Team Competitors – Please list the additional 2 members of your team					
1.		2.			

Entrant Release

Safety Flotation Devices must be worn at all times while on the water. Helmets are required on bicycles. Portable music players are allowed but discouraged. I acknowledge that competitive events can be a hazardous activity, and I and my heirs, executors, administrators, and assigns do release the organizers, sponsors, all race personnel, Run the East Timing Co., Town of Erwin, County of Harnett, and Pope Army Air Field from responsibility for any damages suffered by me as a result of my participation in this event. I also attest that I believe I am healthy and fit enough to safely participate in the event on June 2, 2018 and that I will take full responsibility for my own safety before, after, and during the event. I also give permission for the free use of my name and picture to any broadcast, telecast, or written account of the event.

Entrant Signature:	Please Circle Leg of Race Competing In:	5k Run 10 mile Bike Kayak down river
Date:		
Parent/Guardian Signature: (if participate is under 18)		

If you need to rent a kayak contact Cape Fear River Adventures 919-495-5555 (They will deliver and pick up)